

## What is STAR?



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As your STAR Deputy, I will be visiting your class for 7 weeks.

## During this time we will be discussing:

- **Lesson 1**: Good citizenship and what influences our behaviors
- **Lesson 2**: Good decision-making; consequences; and alcohol, tobacco and e-cigarettes
- **Lesson 3:** Marijuana, inhalants and other illegal drugs; user statistics, and ways to say "No"
- **Lesson 4**: Prescription drug awareness and safety
- **Lesson 5**: Health Consequences of behaviors from abusing drugs (will be taught by school health nurses)
- **Lesson 6**: Bullying; responsible behavior using electronic means; and human trafficking and gangs
- **Lesson 7**: Summarize the lessons and celebrate your participation in STAR

## A good citizen is someone who:

- Respects others and their property
- Is helpful and considerate, willing to put others first
- Listens to the views of others and thinks about what they have to say
  - Helps people who are not in a position to help themselves
  - Respects the environment and does not damage it in any way
    - Is a hard worker
    - Is well mannered and pleasant
      - Is always willing to learn