

EAST FLAT ROCK PARK DISC GOLF COURSE

LEGEND:

-  YOU ARE HERE
-  RESTROOMS
-  LONG TEE
-  SHORT TEE
-  BASKET / PIN



	1	2	3	4	5	6	7	8	9
	PAR 3	PAR 3/4	PAR 3/4						
'A'	170	163	155	155	164	170	191	205	193
'B'	246	254		218		210		325	325
'C'								498 PAR 4	472 PAR 4
'A'	286	311	255	257	270	260	191	305	320
'B'	365	405		320		320		427	451
'C'								600 PAR 4	600 PAR 4

Welcome to the East Flat Rock Park Disc Golf Course:

The East Flat Rock Park Disc Golf Course is a park-style disc golf course. It is challenging for both novice and advanced players alike. This 9 hole course plays through the woods and open areas of the park, enhancing the natural features of the terrain while testing players skill. This course has multiple tees and pin positions on almost every hole. Before getting started, please read the Course Rules and How to Play.

Course Rules:

- Park hours: 8:00 AM - 9:00 PM
- No smoking
- Alcohol prohibited
- Please wait for cars and/or pedestrians before throwing
- Pack it in and pack it out!
- No unauthorized removal of vegetation

How to Play:

- Have fun, challenge yourself, and complete the course in the fewest number of throws.
- To begin play on each hole, you must throw from the designated tee pad.
- Each subsequent throw is played from where your previous throw came to rest.
- After each player has thrown from the tee pad, the player farthest from the target throws first.
- A hole is completed when the disc comes to rest supported by the target tray or the chains below the chain support.
- A disc is completely surrounded by water is out-of-bounds.
- If your disc is out-of-bounds, you receive one penalty throw and may play the next throw from the previous lie or up to one meter away from the point where the disc was last in-bounds.

Disc Golf Course Designer:
Jay McCarty with Disc Golf Design Group

Map & Signage Creator:
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