Dial 2-1-1 for help finding more community health and human services.
This call is free, confidential, and available in any language. Search online: unitedwaync.org/nc211

ABUSE & SEXUAL ASSAULT
Safelight 24-Hour Response Line 828-693-3840
133 Fifth Avenue West. Family violence, sexual assault and child abuse. safelightfamily.org

True Ridge 828-719-2751
110 Edney Street, Suite A. Bilingual services English/Spanish for domestic violence and sexual assault. Confidential and free. trueridge.org

BREASTFEEDING SUPPORT
Department of Public Health 828-692-4223
WIC, nutrition services, breastfeeding support. hendersoncountygov/health

CHILD CARE
Child Development & Early Education 800-859-0829
Choose quality child care programs. ncchildcare.nc.gov
Children & Family Resource Center 828-698-0674
851 Case St. Parent education, groups, guidance, assistance. childrenandfamily.org
Day Care Vouchers 828-698-4440 hendersoncountygov/dss
Early Head Start (828) 693-1711 www.wcwa.net/

CHILDREN’S HEALTH (Pediatrics)
Department of Public Health 828-692-4223
Well child care, immunizations, KidFit and WIC. Health insurance/Medicaid/sliding fee scale. hendersoncountygov/health

Blue Ridge Health 828-692-4289 or 828-692-7057
2579 Chimney Rock Road or 709 North Justice Street. Adults and children. Private insurance, Medicaid, Medicare, uninsured. brchs.com

Hendersonville Pediatrics, PA 828-693-3296
Private insurance and Medicaid. hendersonvillepediatrics.com

Park Ridge Pediatrics 828-650-8032
parkridgehealth.org

Rainbow Pediatrics 828-698-8135
110 Chadwick Square Ct. # A. rainbowediatrics.net

CRISIS ASSISTANCE
Interfaith Assistance Ministry (IAM) 828-697-7029
310 Freeman Street. Food, clothing, heat, utilities, rent, medication, other basic needs. www.iamhenderson.org/

Salvation Army 828-693-4181
239 3rd Ave. East. salvationarycarolinas.org

DENTAL HEALTH
ABC Dental Center 828-692-9075
Most insurances accepted including Medicaid. Ages 1 – 18 years. abcdentalcenter.com

Blue Ridge Health 828-692-4289
Accepts private insurance, Medicaid, Medicare and uninsured. Adults and children. brchs.com

Smile Starters Dental Clinic 828-350-1076
247 Biltmore Ave., Asheville. Most insurance accepted, Health Choice/Medicaid. Ages 1-18. smilesstartersdental.com

The Free Clinics 828-697-8422
Low-income, underinsured and uninsured adults. Call for appointment. Extractions only. Little or no charge. thefreeclinics.org

DEVELOPMENTAL DISABILITY-PHYSICAL/MENTAL
Care Coordination for Children (CCAC) 828-694-6088
No cost for children ages birth to five years old who have Medicaid or are uninsured and are at risk for health or developmental problems. Partnership with your doctor. hendersoncountygov/health

Exceptional Children Preschool Program 828-654-3225
Evaluation and services for preschool children 3 - 5 years with disabilities. hendersoncountygov/publicschoolsonc

Family Support Network 828-213-0033
Lending library, parent-to-parent matching, family support groups, individual support navigating resources/services. www.missionchildrens.org/family-support-network.php

NC Infant-Toddler Program 828-251-6091
Developmental evaluation and services for children, birth to age 3 with special needs (CDSA). bearlry.nc.gov

PREP Program 828-698-0674 ext. 162
Preschoolers Reaching Educational Potential. Developmental screening, ages 3-5. childrenandfamily.org/programs

St. Gerard House 828-693-4223
Evidence-based treatment for those with Autism Spectrum Disorder, learning disabilities, developmental delays and behavioral health needs. Child through adult. Support for families. stgerardhouse.com

Vaya Health 1-800-849-6127
Connects mental health, substance abuse and developmental disability care providers with the WNC community. vayahealth.com

EDUCATION
Blue Ridge Literacy Council 828-696-3811
Basic literacy, ESL learning, citizenship, technology skills, and workplace literacy. www.litcouncil.org/

Migrant Education Program 828-388-1576 or 388-2881

FOOD ASSISTANCE
Food EBT Card 828-697-5500
Department of Social Services hendersoncountygov/dss

Women, Infants, & Children (WIC) 828-692-4223
WIC provides food to low-income pregnant, postpartum, and breastfeeding women, and infants and children until the age of five. Use the new eWIC debit card. hendersoncountygov/health

HOSPITAL BILL ASSISTANCE
Pardee -UNC Health Care Financial Assistance 828-698-7338 pardeehospital.org

Park Ridge Health Charity Care Fund 828-687-5281
Call after receiving hospital statement. parkridgehealth.org

HOUSING
Hendersonville Housing Authority 828-692-6175
203 North Justice Street. www.hendersoncountygov/planning/page/rental-assistance

WCCA – Section 8 Housing 828-693-1711
220 King Creek Blvd. www.wcwa.net/

LATINO/HISPANIC
El Centro 828-290-7134
Basic needs, services, community resources, programs. elcentrohvi.com/
MEDICAID/HEALTH CHOICE
Department of Social Services 828-697-5500
hendersoncountync.gov/dss

MEDICAL TRANSPORTATION
Apple Country Transit 828-698-8571
Three bus routes—$5.75 one way (Edneyville route $1.50 one way), free transfers, children under 12 ride free with adult. hendersoncountync.gov/transportation

Medicaid Transportation 828-694-6163
For Medicaid recipients only. Call 3-5 business days minimum before aptt. to request ride. hendersoncountync.gov/dss

MEDICATION ASSISTANCE
Department of Public Health 828-692-4223
Uninsured Health Dept. patients. hendersoncountync.gov/health

Blue Ridge Health 828-692-4289 or 828-692-7057
Full-service pharmacy. Private insurance, Medicaid, Medicare and uninsured. Discounts for qualifying BRH patients. brchs.com

Community Pharmacy-The Free Clinics 828-697-8422
thefreclinics.org

MENTAL HEALTH
Department of Public Health 828-692-4223
For eligible patients of the Health Department. Health insurance/ Medicaid/sliding fee scale. hendersoncountync.gov/health

Blue Ridge Health 828-692-4289
Walk-in for crisis at 2579 Chimney Rock Road. Counseling, psychiatry, and addiction specialists for eligible patients of BRCHS. Health insurance, Medicare/Medicaid, and sliding fee scale. brchs.com

Family Preservation Services 828-697-4187
120 Chadwick Square Court. No appointment taken initially. Patient must walk in 8 am—3 pm to initiate services (2-hour assessment done at that time).

Mobile Crisis Management 1-888-573-1006
Crisis help for mental health, substance abuse and developmental disabilities. Call 24 hours, 7 days a week. No charge.

The Free Clinics 828-697-8422
Adult mental health care for the uninsured. thefreclinics.org

Vaya Health 1-800-849-6127
Crisis? Need immediate Help? Call 24/7. Mental health, substance abuse, developmental disabilities. vayahealth.com

PHYSICAL ACTIVITY & WELLNESS
Your go-to website for fun in Henderson County—hiking trails, playgrounds, biking paths, farmer’s markets, apple orchards, historic sites, rainy day activities, and more! gohendo.org

Henderson County Parks & Recreation 828-697-4884
Henderson County Athletics & Activity Center 708 South Grove Street. hendersoncountync.gov/recreation

Pardee Community and Business Health 828-651-6300
Mission Pardee Health Campus, 2695 Hendersonville Road. Classes, screenings, health information. pardeedepartment.org/classes-events

Park Ridge Health WOW 828-681-2713
Wellness on Wheels mobile unit that provides screening at prayer-ranged sites. parkridgehealth.org

YMCA 828-697-9622
810 Sixth Avenue West. Scholarship program. ymcacwnc.org

PRIMARY/GENERAL HEALTH CARE
Department of Public Health 828-692-4223
Prenatal care, family planning, children’s health. Private insurance/Medicaid/sliding fee scale. hendersoncountync.gov/health

Blue Ridge Health 828-692-4289 or 828-692-7057
2579 Chimney Rock Road or 709 North Justice Street. Adults and children. Private insurance, Medicaid, Medicare, uninsured. brchs.com

The Free Clinics 828-697-8422
841 Case Street. Adult care for the uninsured. thefreclinics.org

SOCIAL SECURITY/SSI
Social Security Office 800-772-1213 or 866-964-5053
Call toll free number to make appointment.

SUBSTANCE ABUSE ALCOHOL AND DRUG
Family Preservation Services 828-697-4187
120 Chadwick Square Court. No appointment taken initially. Patient must walk in 8 am—3 pm to initiate services (2-hour assessment done at that time).

Hope Rx 828-290-9622

Mobile Crisis Management 1-888-573-1006
Crisis help for mental health, substance abuse and developmental disabilities. Call 24 hours, 7 days a week. No charge.

Vaya Health 1-800-849-6127
Having a Crisis? Need immediate Help? Call 24/7. vayahealth.com

TEEN HEALTH
TWC (Teen Wellness Center) 828-712-8246
Services designed specifically for patients age 12-19. By law, many services are confidential and can be obtained without a parent’s permission. We encourage teens to discuss their health needs with their parents or guardians. Teens who can’t pay may qualify for free or low-cost care. Teens can pay with Medicaid or other insurance. Some of these services are free to all. Birth control, pregnancy tests & prenatal care, HIV & Sexually Transmitted Infection (STI) testing & treatment, physicals and sports physicals (parent’s signature required), immunizations and other shots for school (must require a parent’s signature), Teen Advocate—a caring professional who will work one-on-one with teens to answer questions about health and birth control options. teenplaybook.org hendersoncountync.gov/health/page/teens

BrdSNBz Text Message Warm Line
Free, anonymous service for 14-19 year olds in North Carolina. Text us your question about sexual health today! Personal, medically accurate answer within 24 hours. Text ncteen to 66746 to opt in the first time you text.

WOMEN’S HEALTH
Department of Public Health 828-692-4223
Prenatal care, childbirth education, women’s health, family planning, breast & cervical cancer screening. Insurance, Medicaid and sliding fee scale. hendersoncountync.gov/health

Blue Ridge Health 828-692-4289 or 828-692-7057
2579 Chimney Rock Road or 709 North Justice Street. Women’s health/family planning, prenatal care, breast & cervical cancer screening. Private insurance, Medicaid, Medicare, uninsured. brchs.com

Hendersonville OB/GYN Associates 828-687-3800
Private insurance (not Aetna), Medicaid. 20% discount for self-pay on day of service. hvilleobgyn.com

Pardee OB/GYN Associates 828-696-0897
OB/GYN care, insurance, Medicaid, charity care. pardeedepartment.org/womens-health

Park Ridge Health OB/GYN 828-650-8077
OB/GYN care, certified nurse midwife. Private insurance, Medicaid, sliding fee scale. parkridgehealth.org/baby-place