



## PARENT TOOLKIT

### SNAPSHOT PROFILE ABOUT YOUR CHILD WITH SPECIAL NEEDS

To better explain your child's behaviors to school personnel, create a snapshot profile of your child to distribute to teachers and specialists. This information will assist in their interactions with your child and potential conflict resolution between your child and their peers.

Your Profile should be a simple, bulleted pointed, easy-to-read description of your child that can easily fit into a file folder. Here is a list items you may want to include in your child's profile.

- **NAME, AGE, FAMILY MEMBERS**

- **STRENGTHS**

Create a positive profile of your child listing their strengths to encourage a positive relationship with your child and teacher. This allows the teacher to recognize your child's skills. Examples:

- Loves to draw and uses his/her illustrations to tell a story.
- Very good on the computer and navigating with a mouse.

- **LIKES**

Inform how best to redirect your child to a positive activity or reward for good behavior. Examples:

- Jump roping is a good 'break' for them to reduce anxiety
- Mini Pretzels are a good reward for them

- **DISLIKES**

Describe what creates anxiety in your child that may lead to possible anger or outbursts. You may also want to elaborate on how this anxiety manifests itself in your child with a conversation to the teacher.

Examples:

- Loud noises like school alarms
- Games that move fast with lots of rules like four-square

- **CHALLENGES**

List academic and social challenges for your child that may cause them anxiety and too act out. Examples:

- Fine motor is delayed so handwriting is difficult
- Difficulty with approaching peers appropriately to ask them to play; may need guidance on approaching them

- **IEP GOALS**

List current IEP goals to help build a complete profile of your child. Goals are often the last pages of an IEP and don't always get read by everyone that is working with your child.

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