



**Public Health**  
Prevent. Promote. Protect.

## Henderson County Department of Public Health

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**FOR IMMEDIATE RELEASE**

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### Health Department to offer flu vaccine to community Saturday, October 10

**HENDERSONVILLE, N.C. (October 1, 2020)** – The Henderson County Health Department will offer a seasonal flu vaccine to the general public Saturday, October 10 from 9 a.m. to 1 p.m. at the Health Department, 1200 Spartanburg Highway, Suite 100, Hendersonville, NC 28792.

Attendees will enter through the Department of Social Services entrance facing Old Spartanburg Road and exit on the Health Department side facing Spartanburg Highway. Vaccines will be offered on a first come, first served basis. Masks are required and social distancing guidelines will be strictly enforced.

Only the flu injection (shot) will be offered. COVID-19 testing will not be provided at this clinic.

People of all ages may come to the clinic. Families with school-aged children are encouraged to come. Those who are immunocompromised or over the age of 65 may call the Health Department to schedule a vaccine appointment.

Anyone who has fever, cough, sore throat or is otherwise unwell will not be vaccinated and should not enter the building.

Insurance companies in-network with the Health Department are listed at [www.HendersonCountyFlu.org](http://www.HendersonCountyFlu.org). The vaccine at this event is available at no cost for those who are uninsured.

In North Carolina, flu infections are most common from late fall to early spring with activity usually peaking in January or February. Flu vaccines can make illness milder and reduce the risk of more serious outcomes. It's important to protect those in the community at high risk of complicated or severe flu infections such as children, pregnant women, seniors and those with medical conditions such as asthma, COPD and diabetes.

The flu strains in the vaccine are new this year. While this should offer better protection, it also may cause more side effects such as a sore arm, low-grade temperature or fatigue. This is an immune response to the flu vaccine. The vaccine does not contain any live virus so people cannot be infected by it.

Visit [www.HendersonCountyFlu.org](http://www.HendersonCountyFlu.org) for more information about this flu season and to download, print and fill out a consent form that will be required for the vaccination event.

## Henderson County Health Department Flu Vaccination Clinic

**When:** Saturday, October 10, 2020 / 9 a.m. - 1 p.m.

**Where:** Henderson County Health Department, 1200 Spartanburg Highway, Suite 100, Hendersonville, NC 28792. Enter through Department of Social Services entrance.

**Q: Is this a COVID-19 test site?** A: No. Only the flu injection (shot) will be offered.

**Q: Are face-coverings required?** A: Yes. Please wear a face covering if you have one. If you do not have one, a face covering will be provided.

**Q: Do I need an appointment?** A: No, this is first come, first served.

**Q: Who should be vaccinated?** The CDC recommends flu vaccination for everyone six months and older. People of all ages may come to the clinic.

**Q: Is there a fee?** A: Cost will depend on your insurance provider. The vaccine is available at no cost for those who are uninsured.

The Health Department accepts the following insurance: Aetna, Appalachian Benefit Associates, Blue Cross Blue Shield of NC, Crescent Health Solutions, Health Choice, Healthgram of Crescent, Healthgram of Medcost, Humana/Choice Care Commercial Plans, Medcost, Medicaid, Medicare Advantage, HMO, PPO, PFFS, Medicare Part B, United Health Care and WNC Health Coalition.

**Q: What are the common flu symptoms?**

- Fever or feeling feverish/chills
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue (tiredness)
- Some people may have vomiting and diarrhea, though this is more common in children than adults.

**Q: What if I am sick?** A: Anyone who has fever, cough, sore throat, or is otherwise unwell will not be vaccinated and should not enter the building.

**Q: What should I bring?** A: Your insurance card if you have medical insurance. A filled-out consent form available at [www.HendersonCountyFlu.org](http://www.HendersonCountyFlu.org).

**Q: What if I am immunocompromised or over the age of 65?** Persons who are immunocompromised or over the age of 65 may call 828-692-4223, option 4 to schedule a vaccine appointment. Appointments are limited so all others are encouraged to come to our clinic.