The Plan for Today...

Selection of Measures for Action Planning

- Review General Data
- Overview of CHA Process
- Review Data Relative to Priorities
Compile Health-related Data – Needs and Assets

Prioritization of Needs

Collaborative Action Planning

Engaged Partners & Community

Analysis and Interpretation

Act on what’s important and Evaluate

CHA

Modified version of the RWJF Take Action Cycle
“Too many organizations are working in isolation from one another. **Collective impact** brings people together, in a structured way, to achieve social change.”

[http://collectiveimpactforum.org](http://collectiveimpactforum.org)
Process
Data Sources

NC State Center for Health Statistics
US Census Bureau
Centers for Disease Control and Prevention
Behavioral Risk Factor Surveillance System
2017 Youth Risk Behavior Survey
NC Coalition to End Homelessness
NC Department of Public Instruction
NC Department of Administration
Annie E. Casey Foundation - KIDS COUNT Data Center
US Environmental Protection Agency
NC Department of Environment and Natural Resources
NC Office of State Budget and Management
NC Division of Medical Assistance
US Bureau of Labor and Statistics
Cecil G. Sheps Center for Health Services Research
America’s Health Rankings
RWJF County Health Rankings and Roadmaps
NC Department of Public Health
NC – NPASS
Professional Research Consultants – Community Health Surveys (2018 survey = random sample of 200 adults)
Professional Research Consultants - Key informant e-survey (2018 survey = 29 service providers & community leaders)
Local Focus groups (10 groups including 156 participants ages 12-90)
Demographic Overview

Population .......................................................... 115,708
Labor Force .......................................................... 50,243
Unemployment Rate ............................................. 3.3% (August 2018)
High School Graduate or Higher ..................... 45,670
Bachelor Degree or Higher ......................... 10,426
2017 Median Home Value ................................. $185,800
2017 Projected Per Capita Personal Income ...... $38,130
2017 Projected Median Household Income ...... $48,138
2016 Median Age ...................................................... 47
Average Work Commute Time ..................... 21.8 min.

Source: Henderson County Partnership for Economic Development
# Mortality Trends, 2009-2013 to 2012-2016

Source: NC State Center for Health Statistics

<table>
<thead>
<tr>
<th>Leading Cause of Death in Henderson County</th>
<th>2009-2013 Mortality Rate</th>
<th>2012-2016 Mortality Rate</th>
<th>Overall Trend Direction</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Cancer</td>
<td>152.6</td>
<td>158.1</td>
<td>▲</td>
</tr>
<tr>
<td>2 Diseases of Heart</td>
<td>148.6</td>
<td>138.2</td>
<td>▼</td>
</tr>
<tr>
<td>3 All Other Unintentional Injuries</td>
<td>37.7</td>
<td>43.9</td>
<td>▲</td>
</tr>
<tr>
<td>4 Chronic Lower Respiratory Diseases</td>
<td>43.7</td>
<td>37.3</td>
<td>▼</td>
</tr>
<tr>
<td>5 Cerebrovascular Disease</td>
<td>35.6</td>
<td>35.1</td>
<td>▼</td>
</tr>
<tr>
<td>6 Alzheimer's disease</td>
<td>31.1</td>
<td>30.8</td>
<td>▼</td>
</tr>
<tr>
<td>7 Suicide</td>
<td>15.6</td>
<td>18.8</td>
<td>▲</td>
</tr>
<tr>
<td>8 Pneumonia and Influenza</td>
<td>14.8</td>
<td>16.8</td>
<td>▲</td>
</tr>
<tr>
<td>9 Unintentional Motor Vehicle Injuries</td>
<td>12.1</td>
<td>14.4</td>
<td>▲</td>
</tr>
<tr>
<td>10 Chronic Liver Disease and Cirrhosis</td>
<td>12.2</td>
<td>12.1</td>
<td>▼</td>
</tr>
<tr>
<td>11 Diabetes Mellitus</td>
<td>11.3</td>
<td>11.3</td>
<td>▼</td>
</tr>
<tr>
<td>12 Nephritis, Nephrotic Syndrome, and Nephrosis</td>
<td>9.9</td>
<td>11.1</td>
<td>▲</td>
</tr>
<tr>
<td>13 Septicemia</td>
<td>6.4</td>
<td>6.0</td>
<td>▼</td>
</tr>
<tr>
<td>14 Homicide</td>
<td>2.8</td>
<td>3.2</td>
<td>▲</td>
</tr>
<tr>
<td>15 Acquired Immune Deficiency Syndrome</td>
<td>0.8</td>
<td>0.2</td>
<td>▼</td>
</tr>
</tbody>
</table>
Ethnic and Racial Minorities

Source: ACS 2012-2016
Geographic Unit: Census Tract
Map Produced by: Community Commons
**Birth Rate**

*Live Birth Rate Comparison 2012-2016*

- Henderson
  - Total: 9.8
  - White, Non-Hispanic: 8.7
  - Black, Non-Hispanic: 11.4
  - Hispanic: 18.5

- WNC Region
  - Total: 9.6
  - White, Non-Hispanic: 8.9
  - Black, Non-Hispanic: 7.9
  - Hispanic: 17.3

- North Carolina
  - Total: 11.4
  - White, Non-Hispanic: 10.4
  - Black, Non-Hispanic: 13.2
  - Hispanic: 20.8

*Live Birth Rate Trend (per 1,000 population)*

- Henderson: 11.9, 11.6, 11.1, 10.5, 10.1, 9.8, 9.7, 9.8
- WNC Region: 12.1, 12.0, 11.9, 11.6, 11.1, 10.5, 10.1, 9.7
- North Carolina: 11.9, 11.6, 11.1, 10.5, 10.1, 9.8, 9.7, 9.8

*A live birth is the complete expulsion or extraction from its mother of a product of conception, irrespective of the duration of pregnancy, which, after separation, breathes or shows any other evidence of life, such as beating of the heart, pulsation of the umbilical cord or any definite movement of voluntary muscles, whether or not the umbilical cord has been cut or the placenta is attached (definition adopted by World Health Organization in 1950).

SOURCE: NC STATE CENTER FOR HEALTH STATISTICS
Growth of the Elderly Population

Projected Growth of the Elderly Population
Henderson County

% of Total Population

% Age 65-74  % Age 75-84  % Age 85+

SOURCES: US CENSUS BUREAU AND NC STATE OFFICE OF BUDGET AND MANAGEMENT

<table>
<thead>
<tr>
<th></th>
<th>Henderson</th>
<th>WNC Region</th>
<th>North Carolina</th>
</tr>
</thead>
<tbody>
<tr>
<td>% High School Graduates</td>
<td>26.2</td>
<td>30.6</td>
<td>26.4</td>
</tr>
<tr>
<td>% Some College</td>
<td>23.9</td>
<td>21.8</td>
<td>21.8</td>
</tr>
<tr>
<td>% Bachelor's Degree or Higher</td>
<td>29.7</td>
<td>23.2</td>
<td>29.0</td>
</tr>
</tbody>
</table>
Income Levels (2016)

- **Henderson**
  - Median Household Income: $48,138
  - Median Family Income: $59,490
  - Per Capita Income: $26,534

- **WNC Region**
  - Median Household Income: $40,004
  - Median Family Income: $50,507
  - Per Capita Income: $23,001

- **North Carolina**
  - Median Household Income: $48,256
  - Median Family Income: $59,667
  - Per Capita Income: $26,779

**Source:** US Census Bureau

**Household:** all people in a housing unit sharing living arrangements; may or may not be related

**Family:** householder and people living in household related by birth, marriage or adoption.

All families are also households; not all households are families.
Poverty

SOURCE: US CENSUS BUREAU
Poverty and Age

Percent Below Poverty by Age (2016)

- Henderson
- WNC Region
- North Carolina

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Total Population</th>
<th>Children under 18</th>
<th>Children under 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Henderson</td>
<td>13.3</td>
<td>18.6</td>
<td>16.4</td>
</tr>
<tr>
<td>WNC Region</td>
<td>16.5</td>
<td>24.7</td>
<td>27.4</td>
</tr>
<tr>
<td>North Carolina</td>
<td>16.8</td>
<td>23.9</td>
<td>27.3</td>
</tr>
</tbody>
</table>

Poverty and Age
Infant Mortality Rate Trend
(per 1,000 live births)

- Henderson
- WNC Region
- North Carolina

2002-2006: 6.4, 7.1, 6.5, 6.2, 5.7, 5.2, 5.2, 5.1, 5.1, 5.6

SOURCE: NC STATE CENTER FOR HEALTH STATISTICS
From 2013 through 2016, 169 Henderson County residents died as a result of an unintentional fall.

Of the 169 fall-related deaths, 155 (92%) occurred in the population age 65 and older.

Of the 169 fall-related deaths, 102 (60%) occurred in the population age 85 and older.
Chronic Lower Respiratory Disease

Source: NC State Center for Health Statistics
Diabetes Mortality Rate Trend (per 100,000 population)

- Henderson
- WNC Region
- North Carolina

Henderson County Gender Disparity Trend: Diabetes Mortality Rates

- Males
- Females

Diabetes Mortality
Lack of Healthcare Insurance Coverage
(Adults Age 18-64)
Healthy People 2020 Target = 0.0%

Sources:
● 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 326]
● 2017 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
● Reflects all respondents under the age of 65.
● Includes any type of insurance, such as traditional health insurance, prepaid plans such as HMOs, or government-sponsored coverage (e.g., Medicare, Medicaid, Indian Health Services, etc.).
Was Unable to Get Needed Medical Care at Some Point in the Past Year

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 303]

Notes:
- Asked of all respondents.
Have a Specific Source of Ongoing Medical Care

Healthy People 2020 Target = 95.0% or Higher

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 170]
- 2017 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
- Asked of all respondents.
Have Visited a Dentist or Dental Clinic Within the Past Year

Healthy People 2020 Target = 49.0% or Higher

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 20]
- 2017 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
- Asked of all respondents.
Respondent’s Dental Needs Went Untreated in the Past Year Due to Lack of Insurance or Insurance Issues
(Henderson County, 2018)

- Yes 24.2%
- No 75.8%

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 306]
Notes:
- Asked of all respondents.
Consume Five or More Servings of Fruits/Vegetables Per Day

<table>
<thead>
<tr>
<th>Year</th>
<th>Henderson</th>
<th>WNC</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>3.3%</td>
<td></td>
</tr>
<tr>
<td>2015</td>
<td>9.4%</td>
<td>8.0%</td>
</tr>
<tr>
<td>2018</td>
<td>6.7%</td>
<td>8.1%</td>
</tr>
</tbody>
</table>

Sources: ● 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 148]
Notes: ● Asked of all respondents.
● For this issue, respondents were asked to recall their food intake during the previous week. Reflects 1-cup servings of fruits and/or vegetables in the past week, excluding lettuce salad and potatoes.
Food Insecurity
(2018)

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 149]
- 2017 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
- Asked of all respondents.
- Includes adults who A) ran out of food at least once in the past year and/or B) worried about running out of food in the past year.

Henderson: 20.2%
WNC: 23.8%
US: 27.9%
Meets Physical Activity Recommendations
(2018)
Healthy People 2020 Target = 20.1% or Higher

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 152]
- 2017 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
- Asked of all respondents.
Adult Obesity

Adult Obesity Prevalence Trend (Age-Adjusted Percentage)

<table>
<thead>
<tr>
<th>Year</th>
<th>Henderson</th>
<th>WNC Region</th>
</tr>
</thead>
<tbody>
<tr>
<td>2004</td>
<td>23.2</td>
<td>23.6</td>
</tr>
<tr>
<td>2005</td>
<td>23.6</td>
<td>25.5</td>
</tr>
<tr>
<td>2006</td>
<td>25.5</td>
<td>25.8</td>
</tr>
<tr>
<td>2007</td>
<td>25.1</td>
<td>25.1</td>
</tr>
<tr>
<td>2008</td>
<td>23.6</td>
<td>23.6</td>
</tr>
<tr>
<td>2009</td>
<td>21.9</td>
<td>21.9</td>
</tr>
<tr>
<td>2010</td>
<td>21.8</td>
<td>21.8</td>
</tr>
<tr>
<td>2011</td>
<td>24.3</td>
<td>24.3</td>
</tr>
<tr>
<td>2012</td>
<td>27.4</td>
<td>27.4</td>
</tr>
</tbody>
</table>

SOURCE: CENTERS FOR DISEASE CONTROL AND PREVENTION, VIA BRFSS
Total Overweight (Overweight or Obese)
(Body Mass Index of 25.0 or Higher)

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 154]
- 2017 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
- Based on reported heights and weights; asked of all respondents.
- The definition of overweight is having a body mass index (BMI), a ratio of weight to height (kilograms divided by meters squared), greater than or equal to 25.0, regardless of gender. The definition for obesity is a BMI greater than or equal to 30.0.
Substance Abuse
Emergency Department visits for opioid overdose are on the rise statewide.
Substance Abuse
Opioid Pills

Opioid pills dispensed statewide are now decreasing.
Buprenorphine prescriptions are increasing in Henderson County and across the state.
Growing number of individuals served by treatment programs statewide.

Data Source: North Carolina Division of Mental Health, Developmental Disabilities and Substance Abuse Services, Claims Data, 2013-present. See Technical Notes.
Unintentional Opioid-Related Deaths

Source: NC Opioid Action Plan Dashboard
Substance Abuse
Illicit Involvement in Opioid OD Deaths

Involvement of illicit substances in opioid deaths increasing statewide
Vehicular Injury
Alcohol-Related
Motor Vehicle
Crashes

Over the period 2013 through 2017 an annual average of 5.03% of all traffic crashes in Henderson County were alcohol-related. Region-wide the comparable figure was 5.06%.

In 2017, 21% of all fatal traffic crashes in Henderson County were alcohol-related.

**Outcomes of Alcohol-Related Traffic Crashes 2017**

<table>
<thead>
<tr>
<th></th>
<th>Henderson</th>
<th>WNC</th>
<th>NC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fatal</td>
<td>21.4%</td>
<td>20.6%</td>
<td>26.3%</td>
</tr>
<tr>
<td>Non-Fatal</td>
<td>7.5%</td>
<td>7.1%</td>
<td>6.6%</td>
</tr>
<tr>
<td>Property Damage Only</td>
<td>3.7%</td>
<td>3.5%</td>
<td>3.1%</td>
</tr>
<tr>
<td>Property Only</td>
<td>4.1%</td>
<td>3.7%</td>
<td>2.9%</td>
</tr>
</tbody>
</table>

**Source:** CRASH DATA AND MAPS: COUNTY CRASH PROFILES, 2017. RETRIEVED JULY 11, 2018 FROM CONNECT NCDOT WEBSITE: HTTPS://CONNECT.NCDOT.GOV/RESOURCES/SAFETY/PAGES/CRASH_DATA.ASPX
Current Drinkers

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 164]
- 2017 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
- Asked of all respondents.
- Current drinkers had at least one alcoholic drink in the past month.
Excessive Drinkers
Healthy People 2020 Target = 25.4% or Lower

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 168]
- 2017 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
- Asked of all respondents.
- Excessive drinking reflects the number of persons aged 18 years and over who drank more than two drinks per day on average (for men) or more than one drink per day on average (for women) OR who drank 5 or more drinks during a single occasion (for men) or 4 or more drinks during a single occasion (for women) during the past 30 days.

<table>
<thead>
<tr>
<th>Location</th>
<th>2015</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Henderson</td>
<td>14.8%</td>
<td>9.9%</td>
</tr>
<tr>
<td>WNC</td>
<td>15.4%</td>
<td>15.7%</td>
</tr>
<tr>
<td>US</td>
<td>23.2%</td>
<td>22.5%</td>
</tr>
</tbody>
</table>

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Henderson WNC US
Used Opiates/Opioids in the Past Year, With or Without a Prescription (2018)

<table>
<thead>
<tr>
<th>Henderson</th>
<th>WNC</th>
</tr>
</thead>
<tbody>
<tr>
<td>21.8%</td>
<td>19.6%</td>
</tr>
</tbody>
</table>

Sources: ● 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 316]
Notes: ● Asked of all respondents.
Used an Illicit Drug in the Past Month
(Self or Someone They Know)
(2018)

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 318]

Notes:
- Asked of all respondents.
- In this case, the term “illicit” includes an illegal drug or a prescription drug that has not been prescribed to the user or someone they know.
Life Has Been Negatively Affected by Substance Abuse (by Self or Someone Else) (2018)

Sources:
● 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 61]
● 2017 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
● Asked of all respondents.
Current Smokers
Healthy People 2020 Target = 12.0% or Lower

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 49]
- 2017 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
- Asked of all respondents.
- Includes regular and occasional smokers (everyday and some days).

<table>
<thead>
<tr>
<th>Year</th>
<th>Henderson</th>
<th>WNC</th>
<th>NC</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>19.2%</td>
<td>16.8%</td>
<td>14.5%</td>
<td></td>
</tr>
<tr>
<td>2015</td>
<td>20.6%</td>
<td>19.3%</td>
<td>19.0%</td>
<td></td>
</tr>
<tr>
<td>2018</td>
<td>19.8%</td>
<td>20.3%</td>
<td>17.9%</td>
<td>16.3%</td>
</tr>
</tbody>
</table>
Currently Use Smokeless Tobacco Products
Healthy People 2020 Target = 0.3% or Lower

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 313]
- 2017 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
- Asked of all respondents.
- Includes regular and occasional smokers (everyday and some days).
Currently Use Vaping Products (Such as E-Cigarettes)

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 54]
- 2017 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
- Asked of all respondents.
- Vaping products (such as electronic cigarettes or e-cigarettes) are battery-operated devices that similar traditional cigarette smoking but do not involve the burning of tobacco. The cartridge or liquid “e-juice” used in these devices produces vapor and comes in a variety of flavors.
- Includes regular and occasional smokers (everyday and some days).
Have Breathed Someone Else’s Smoke at Work in the Past Week
(Employed Respondents)

<table>
<thead>
<tr>
<th>Year</th>
<th>Henderson</th>
<th>WNC</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>12.9%</td>
<td></td>
</tr>
<tr>
<td>2015</td>
<td>14.5%</td>
<td></td>
</tr>
<tr>
<td>2018</td>
<td>10.5%</td>
<td>17.0%</td>
</tr>
</tbody>
</table>

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 312]

Notes:
- Asked of employed respondents.
Suicide Mortality Rate Trend (per 100,000 population)

Henderson  WNC Region  North Carolina

Henderson County Gender Disparity Trend: Suicide Mortality Rates

Males  Females

Source: NC State Center for Health Statistics
Mental Health Treatment

# PERSONS SERVED IN AREA MENTAL HEALTH PROGRAMS

Source: North Carolina Office of State Budget and Management, State Data Center
# Persons Served in NC State Psychiatric Hospitals

Source: NC Department of Health and Human Services
# Persons Served in NC Alcohol and Drug Treatment Centers

Source: NC Department of Health and Human Services
Reported they seriously considered attempting suicide in the last year

Reported that they did not go to school at least once in the last 30 days because they did not feel safe

Reported they were in a physical fight in the last year

Reported they were threatened or injured with a weapon on school property in the last year

Reported that they had been electronically bullied in the last year

Reported that they were bullied on school property in the last year

Reported that they were offered, sold or given an illegal drug on school property

Reported that they have ever used electronic vapor products

Reported that they rode with a driver who had been drinking alcohol in the last 30 days

Source: 2017 Henderson County Youth Risk Behavior Survey
Limited in Activities in Some Way
Due to a Physical, Mental, or Emotional Problem

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 109]
- 2017 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
- Asked of all respondents.
>7 Days of Poor Mental Health in the Past Month

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 337]

Notes:
- Asked of all respondents.

- Henderson WNC
  - 2012: 12.2%
  - 2015: 9.2%
  - 2018: 14.4%

- WNC
  - 2012: 14.2%
  - 2015: 13.0%
  - 2018: 18.7%
Did Not Get Mental Health Care or Counseling that was Needed in the Past Year

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 105]

Notes:
- Asked of all respondents.

<table>
<thead>
<tr>
<th>Year</th>
<th>Henderson</th>
<th>WNC</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>5.0%</td>
<td>6.6%</td>
</tr>
<tr>
<td>2015</td>
<td>8.7%</td>
<td>7.5%</td>
</tr>
<tr>
<td>2018</td>
<td>9.2%</td>
<td>12.3%</td>
</tr>
</tbody>
</table>
Dissatisfied with Life
(“Dissatisfied” and “Very Dissatisfied” Responses)

Sources:
● 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 335]

Notes:
● Asked of all respondents.
## Adverse Childhood Experiences (ACEs)

<table>
<thead>
<tr>
<th>Category</th>
<th>Question</th>
</tr>
</thead>
<tbody>
<tr>
<td>Household Mental Illness</td>
<td>Before you were 18 years of age, did you live with anyone who was depressed, mentally ill, or suicidal?</td>
</tr>
<tr>
<td>Household Substance Abuse</td>
<td>Before you were 18 years of age, did you live with anyone who was a problem drinker or alcoholic?</td>
</tr>
<tr>
<td></td>
<td>Before you were 18 years of age, did you live with anyone who used illegal street drugs or who abused prescription medications?</td>
</tr>
<tr>
<td>Incarcerated Household Member</td>
<td>Before you were 18 years of age, did you live with anyone who served time or was sentenced to serve time in a prison, jail, or other correctional facility?</td>
</tr>
<tr>
<td>Parental Separation or Divorce</td>
<td>Before you were 18 years of age, were your parents separated or divorced?</td>
</tr>
<tr>
<td>Intimate Partner Violence</td>
<td>Before age 18, how often did your parents or adults in your home slap, hit, kick, punch or beat each other up?</td>
</tr>
<tr>
<td>Physical Abuse</td>
<td>Before age 18, how often did a parent or adult in your home hit, beat, kick, or physically hurt you in any way? Do not include spanking.</td>
</tr>
<tr>
<td>Emotional Abuse</td>
<td>Before age 18, how often did a parent or adult in your home swear at you, insult you, or put you down?</td>
</tr>
<tr>
<td>Sexual Abuse</td>
<td>Before you were 18 years of age, how often did an adult or anyone at least 5 years older than you touch you sexually?</td>
</tr>
<tr>
<td></td>
<td>Before you were 18 years of age, how often did an adult or anyone at least 5 years older than you try to make you touch them sexually?</td>
</tr>
<tr>
<td></td>
<td>Before you were 18 years of age, how often did an adult or anyone at least 5 years older than you force you to have sex?</td>
</tr>
</tbody>
</table>

Sources: 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Items 339-349, 351-360]
Experienced Adverse Childhood Experiences (ACEs) Prior to Age 18 (2018)

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Items 351-358]
- Asked of all respondents (Adults 18+).

Notes:
- ACEs are stressful or traumatic events, including abuse and neglect. They are a significant risk factor for substance abuse disorders and can impact prevention efforts.

Sources: 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Items 351-358]
Notes: 
- Asked of all respondents (Adults 18+).
- ACEs are stressful or traumatic events, including abuse and neglect. They are a significant risk factor for substance abuse disorders and can impact prevention efforts.
Prevalence of High ACE Scores (4 or More) (2018)

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 359]
- Asked of all respondents (Adults 18+).

Notes:
- ACEs are stressful or traumatic events, including abuse and neglect. They are a significant risk factor for substance abuse disorders and can impact prevention efforts.
- Adults with at least one adverse childhood experience (ACE) are categorized as having a low ACE score (1-3 ACEs) or a high score (4+ ACEs).
Safe and Affordable Housing
### Housing Costs - Rentals

**Median Gross Rent**

- Henderson
- WNC (Regional) Total
- State Total

**Median Gross Rent**

- **2006-2010**: Henderson 43.0, WNC (Regional) Total 44.1, State Total 45.8
- **2007-2011**: Henderson 45.8, WNC (Regional) Total 46.7, State Total 46.1
- **2008-2012**: Henderson 46.0, WNC (Regional) Total 46.1, State Total 45.8
- **2009-2013**: Henderson 46.1, WNC (Regional) Total 44.2, State Total 44.8
- **2010-2014**: Henderson 44.0, WNC (Regional) Total 45.1, State Total 45.6
- **2011-2015**: Henderson 46.2, WNC (Regional) Total 46.0, State Total 46.1
- **2012-2016**: Henderson 47.4, WNC (Regional) Total 46.4, State Total 46.6

**% Units Spending > 30% Household Income on Rental Housing**

- **2006-2010**: Henderson 43.6, WNC Region 44.1, North Carolina 45.8
- **2007-2011**: Henderson 45.8, WNC Region 46.7, North Carolina 46.1
- **2008-2012**: Henderson 46.0, WNC Region 46.1, North Carolina 45.8
- **2009-2013**: Henderson 46.1, WNC Region 44.2, North Carolina 44.8
- **2010-2014**: Henderson 44.0, WNC Region 45.1, North Carolina 45.6
- **2011-2015**: Henderson 47.4, WNC Region 46.4, North Carolina 46.6

**Source:** US Census Bureau
**Percent of Owned Housing Units Spending More than 30% of Household on Housing**

- Henderson
- WNC Region
- North Carolina

**Median Monthly Owner Costs**

- Henderson
- WNC Region
- North Carolina

Source: US Census Bureau

**Housing Costs - Mortgages**
## Housing Adequacy (of Occupied Housing Units both owned and rented)
### 2012-2016

<table>
<thead>
<tr>
<th>County or Township</th>
<th>Total Occupied Housing Units</th>
<th>% Mobile Homes or other type of housing</th>
<th>% Built in 1959 or earlier **</th>
<th>% without complete plumbing facilities</th>
<th>% without complete kitchen facilities</th>
<th>% with no vehicle available</th>
<th>% with no telephone service</th>
<th>% heating house with fuel oil, kerosene, coal, coke, or other fuels *</th>
<th>% with no heating fuel</th>
</tr>
</thead>
<tbody>
<tr>
<td>Henderson</td>
<td>46,985</td>
<td>15.5</td>
<td>13.3</td>
<td>0.3</td>
<td>0.5</td>
<td>5.6</td>
<td>2.4</td>
<td>8.3</td>
<td>0.4</td>
</tr>
<tr>
<td>Blue Ridge</td>
<td>4,631</td>
<td>35.3</td>
<td>8.5</td>
<td>0.0</td>
<td>0.0</td>
<td>4.8</td>
<td>3.1</td>
<td>9.5</td>
<td>1.1</td>
</tr>
<tr>
<td>Clear Creek</td>
<td>2,918</td>
<td>38.2</td>
<td>7.9</td>
<td>0.0</td>
<td>1.0</td>
<td>6.3</td>
<td>3.9</td>
<td>5.4</td>
<td>0.2</td>
</tr>
<tr>
<td>Crab Creek</td>
<td>1,801</td>
<td>19.1</td>
<td>11.4</td>
<td>0.8</td>
<td>0.0</td>
<td>3.8</td>
<td>1.6</td>
<td>7.4</td>
<td>0.0</td>
</tr>
<tr>
<td>Edneyville</td>
<td>1,840</td>
<td>25.0</td>
<td>20.3</td>
<td>0.0</td>
<td>0.6</td>
<td>2.9</td>
<td>1.7</td>
<td>18.6</td>
<td>0.5</td>
</tr>
<tr>
<td>Green River</td>
<td>1,879</td>
<td>20.9</td>
<td>14.5</td>
<td>0.0</td>
<td>0.0</td>
<td>6.2</td>
<td>0.0</td>
<td>17.7</td>
<td>0.2</td>
</tr>
<tr>
<td>Hendersonville</td>
<td>21,496</td>
<td>7.4</td>
<td>17.7</td>
<td>0.3</td>
<td>0.8</td>
<td>7.4</td>
<td>2.2</td>
<td>6.5</td>
<td>0.3</td>
</tr>
<tr>
<td>Hoopers Creek</td>
<td>6,604</td>
<td>13.2</td>
<td>6.8</td>
<td>0.8</td>
<td>0.6</td>
<td>2.5</td>
<td>3.5</td>
<td>9.2</td>
<td>0.3</td>
</tr>
<tr>
<td>Mills River</td>
<td>5,816</td>
<td>15.2</td>
<td>9.1</td>
<td>0.0</td>
<td>0.0</td>
<td>4.1</td>
<td>2.1</td>
<td>7.3</td>
<td>0.8</td>
</tr>
<tr>
<td><strong>WNC (Regional) Average</strong></td>
<td><strong>10,441</strong></td>
<td><strong>21.1</strong></td>
<td><strong>12.2</strong></td>
<td><strong>0.2</strong></td>
<td><strong>0.4</strong></td>
<td><strong>4.8</strong></td>
<td><strong>2.3</strong></td>
<td><strong>10.0</strong></td>
<td><strong>0.4</strong></td>
</tr>
<tr>
<td><strong>State Total</strong></td>
<td><strong>3,815,392</strong></td>
<td><strong>12.6</strong></td>
<td><strong>15.7</strong></td>
<td><strong>0.3</strong></td>
<td><strong>0.6</strong></td>
<td><strong>6.3</strong></td>
<td><strong>2.5</strong></td>
<td><strong>5.9</strong></td>
<td><strong>0.4</strong></td>
</tr>
</tbody>
</table>

Source: 2012-2016 American Community Survey 5-Year Estimates (S2504)
Cost Burdened Households

Source: ACS 2012-2016
Geographic Unit: Census Tract
Map Produced by: Community Commons
Homeless Population

HOMELESS POPULATION
HENDERSON COUNTY

# Homeless Persons Counted in annual Point-In-Time Study

<table>
<thead>
<tr>
<th></th>
<th></th>
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<tbody>
<tr>
<td>61</td>
<td>64</td>
<td>59</td>
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<td>86</td>
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<td>46</td>
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<td>42</td>
<td>76</td>
<td>65</td>
<td>54</td>
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<tr>
<td>15</td>
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<td>18</td>
<td>13</td>
<td>21</td>
<td>21</td>
<td>9</td>
<td>16</td>
<td>33</td>
</tr>
</tbody>
</table>

SOURCES: NC COALITION TO END HOMELESSNESS
Frequency of Worry or Stress Over Having Enough Money to Pay Rent or Mortgage in the Past Year (2018)

Sources:
- 2018 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 71]

Notes:
- Asked of all respondents.
Next Step... YOUR Voice!
For more information about the Community Health Assessment, please contact:

Stacy Taylor, MPH
Henderson County Department of Public Health
828-692-4223
www.hendersoncountync.gov/health