

Community Resources for Health & Wellness



Dial 2-1-1 for help finding more community health & human services.

This call is free, confidential, & available in any language. Search online: unitedwaync.org/nc211

ABUSE & SEXUAL ASSAULT

Safelight **828-693-3840 (24/7)**
133 5th Ave. W. safelightfamily.org
English/Spanish services for survivors of family violence, sexual assault & child abuse.

ADULTS & CHILDREN WITH SPECIAL NEEDS

Care Coordination for Children **828-694-6088**
No cost for children ages 0-5 years with Medicaid or are uninsured & are at risk for health or developmental problems.

Exceptional Children’s Services **828-697-4733**
Henderson County Public Schools exceptional children’s program.

Family Support Network **828-213-9787**
Lending library, parent-to-parent support, family groups, individual support navigating services.

Innovative Approaches **828-692-4223 ext. 6540**
Services for Children/Youth with Special Health Care Needs

NC Infant-Toddler Program **828-251-6091**
852 Merrimon Ave. beearly.nc.gov
Evaluation & services for children, ages 0-3.

PREP Program **828-698-0674 ext. 162**
851 Case St. childrenandfamily.org
Screening for children ages 3-5.

St. Gerard Center for Autism **828-693-4223**
620 Oakland St. stgerardhouse.org
Treatment for people of all ages with Autism Spectrum Disorder, learning disabilities, developmental delays, & other behavioral health needs. Support for families.

The Hope Center of Hendersonville **828-692-0905**
552 Ridge Rd. thehopecenterofhendersonville.org
Services and advocacy support for adults with intellectual and developmental disabilities.

Vaya Health **800-849-6127 (24/7)**
Connects mental health, substance abuse, developmental disabilities care providers with the community.

Vocational Rehabilitation Office **828-435-7230**
578 Upward Rd., Unit 6
Helps people with disabilities achieve their goals for employment and independence.

BEHAVIORAL HEALTH & SUBSTANCE MISUSE

AdventHealth Behavioral Health **828-650-8130**
Multiple Locations adventhealth.com
Adult resources for behavioral health support.

Department of Public Health **828-692-4223**
1200 Spartanburg Hwy. hendersoncountync.gov/health
Private insurance, Medicaid, sliding fee scale.

Back on Track **828-595-9091**
1900 Spartanburg Hwy. backontrackaddictionministries.com
Addiction ministry, advocacy, support, classes

Blue Ridge Health **828-692-4289**
Multiple locations brchs.com
Walk-in for crisis counseling, psychiatry, addiction specialists.
Private insurance, Medicare, Medicaid, sliding fee scale.

Family Preservation Services **828-692-4289**
120 Chadwick Sq. Ct., Suite A fpsnorthcarolina.com
Behavioral health and developmental disability services.

First Contact **828-435-2180**
106 Chadwick Ave. firstcontactwnc.org
Addiction ministry, advocacy, support and classes.

BEHAVIORAL HEALTH & SUBSTANCE MISUSE (cont.)

The Free Clinics **828-697-8422**
841 Case St. thefreeclinics.org
Adult healthcare for the uninsured.

Hope Coalition **828-730-0786**
225 S. Grove St. elementsofhope.org
Adult recovery center, services of support for substance misuse.

Love & Respect **828-595-2202**
120 Chadwick Square Court, Suite D.
loveandrespectcommunityforrecoveryandwellness.org
Peer support recovery community.

Pardee BlueMD Behavioral Health **828-435-8392**
Multiple Locations PardeeBlueMD.com
Outpatient services for children, adolescents and adults.

PORT **828-845-0441/828-845-0541**
(Post Overdose Response Team)
Peer support, advocacy.

Vaya Health **800-849-6127 (24/7)**
Connects individuals to behavioral health providers.

BREASTFEEDING SUPPORT

Department of Public Health **828-692-4223**
1200 Spartanburg Hwy. hendersoncountync.gov/health
WIC, nutrition services, breastfeeding support.

CHILDREN & TEENS

AdventHealth Pediatrics **828-650-8032**
Hospital Dr. adventhealth.org
Health care. Private insurance, Medicaid, sliding fee scale.

Blue Ridge Health **828-692-4289**
Multiple locations brchs.com
Private insurance, Medicaid, Medicare, uninsured, sliding fee scale.

Child Care Subsidy Program **828-697-5500**
Apply by phone hendersoncountync.gov/dss
Vouchers for child care.

Children & Family Resource Center **828-698-0674**
851 Case St. childrenandfamily.org
Parent education, support, childcare resources and youth mental health navigation.

Department of Public Health **828-692-4223**
1200 Spartanburg Hwy. hendersoncountync.gov/health
Well child care, immunizations, KidFit, WIC. Private insurance, Medicaid, sliding fee scale.

Hendersonville Pediatrics, PA **828-693-3296**
600 Beverly Hanks Ctr. hendersonvillepediatrics.com
Private insurance, Medicaid.

Smart Start Partnership for Children **828-693-1580**
525 N. Justice St. smartstartpfc.org
Programs for children 0-5, free books & child care subsidies.

Teen Wellness Center **828-712-8246**
1200 Spartanburg Hwy. hendersoncountync.gov/health
Ages 12-19 years. Birth control, pregnancy tests, prenatal care, HIV & sexually transmitted infection testing & treatment (confidential); physicals, immunizations (parent’s signature required).

CRISIS ASSISTANCE

Suicide & Crisis Lifeline **988**
Free and confidential emotional support to people in suicidal crisis or emotional distress 24/7.

Mobile Crisis Service **888-573-1006 (24/7)**
Crisis help for behavioral health. No charge.

CRISIS ASSISTANCE (cont.)

Interfaith Assistance Ministry 828-697-7029
310 Freeman St. iam-hc.org
Crisis assistance for food, clothing, heat and other basic needs.

Hendersonville Rescue Mission 828-697-1354
639 Maple St. hendersonvillerescuemission.com
Emergency shelter, meals.

Salvation Army 828-693-4181
239 3rd Ave. E. salvationarmycarolinas.org
Clothing assistance, utilities assistance, insurance co-pays & pre-
scription assistance.

DENTAL HEALTH

ABC Dental Center 828-692-9075
200 Beverly Hanks Ctr., Suite A abcdentalcenter.com
Most insurance plans, Medicaid. Ages 1-18 years.

Blue Ridge Health 828-692-4289
2579 Chimney Rock Rd. brchs.com
Private insurance, Medicaid, Medicare, uninsured, sliding fee
scale. Adults & children.

The Free Clinics 828-697-8422
841 Case St. thefreeclinics.org
Low-income, Medicaid, Medicare, uninsured adults. Call for ap-
pointment. Extractions only.

EDUCATION

Literacy Connection 828-696-3811
204 6th Ave. W. litconnection.org
Literacy, senior health literacy, English language, citizenship exam
preparation, technology skills, workplace literacy.

Migrant Education Program 828-388-2881
Migrant children ages 3-21. Academic support, family needs. Free
& confidential.

EXERCISE & WELLNESS

Parks & Recreation 828-697-4884
708 S. Grove St. hendersoncountync.gov/recreation

Special Olympics Henderson County 828-551-4222

YMCA 828-697-9622
810 6th Ave. W. ymcawnc.org
Scholarships available.

FOOD ASSISTANCE

Food EBT Card 828-697-5500

Women, Infants, & Children (WIC) 828-692-4223
1200 Spartanburg Hwy. hendersoncountync.gov/health
Food for low-income people who are pregnant, post-partum, or
breastfeeding, infants and children until age 5.

List of food distribution sites and calendar available at
hendersoncountync.gov/health

HOSPITAL BILL ASSISTANCE

AdventHealth Hendersonville 800-347-5281
Call after receiving hospital statement. adventhealth.com

UNC Health Pardee 828-698-7306
Financial assistance for hospital bills. pardeehospital.org

HOUSING ASSISTANCE

Hendersonville Housing Authority 828-692-6175
203 N. Justice St. hendersonvilleha.org

Housing Assistance Corporation 828-692-4744
214 N. King St. housing-assistance.com

Thrive 828-697-1581
218 West Allen St., Suite B. thrive4health.org

WNC Source – Section 8 Housing 828-693-1711
220 King Creek Blvd. wncsource.org

LATINX

El Centro 828-290-7134
508 N. Grove St.

True Ridge 828-205-1170
204 6th Ave. W. trueridge.org

MEDICAID/HEALTH CHOICE

Department of Social Services 828-697-5500

MEDICAL TRANSPORTATION

Apple Country Transit 828-698-8571
526 7th Ave. E. wncsource.org
Public transit in county & medical service. Give 2-3 weeks notice.

Medicaid Transportation 828-694-6163
For transport to any medical service that Medicaid covers.

MEDICATION ASSISTANCE

Department of Public Health 828-692-4223
1200 Spartanburg Hwy. hendersoncountync.gov/health

Blue Ridge Health 828-692-4289
Multiple Locations brchs.com

The Free Clinics 828-697-8422
841 Case St. thefreeclinics.org

PRIMARY/GENERAL HEALTH CARE

Department of Public Health 828-692-4223
1200 Spartanburg Hwy. hendersoncountync.gov/health
Private insurance, Medicaid, sliding fee scale.

Blue Ridge Health 828-692-4289
Multiple locations brchs.com
Private insurance, Medicaid, Medicare, uninsured.

The Free Clinics 828-697-8422
841 Case St. thefreeclinics.org
Adult care for the uninsured.

Pardee BlueMD 828-694-8012
Multiple Locations PardeeBlueMD.com
Private Insurance, Medicaid, Medicare, sliding fee scale.

SEXUAL & REPRODUCTIVE HEALTH

Department of Public Health 828-692-4223
1200 Spartanburg Hwy. hendersoncountync.gov/health
Family planning, prenatal care, breast & cervical cancer screening.
Private insurance, Medicaid, sliding fee scale.

Blue Ridge Health 828-692-4289
Multiple locations brchs.com
Family planning, prenatal care, child birth education, breast &
cervical cancer screening. Private insurance, Medicaid, Medicare,
uninsured, sliding fee scale.

Hendersonville OB/GYN Associates 828-687-3800
27 Doctors Dr. hvilleobgyn.com
Private insurance, Medicaid.

Pardee OB/GYN Associates 828-696-0897
512 6th Ave. W.
OB/GYN care. Private insurance, Medicaid, charity care.

AdventHealth OB/GYN 855-774-5433
100 Hospital Dr.
OB/GYN care, certified nurse midwife. Private insurance, Medic-
aid, sliding fee scale.

SOCIAL SECURITY/SSI

Social Security Office 800-772-1213
205 S. Grove St. ssa.gov



Public Health
Prevent. Promote. Protect.
Henderson County, NC

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Department of Public Health 828-692-4223
1200 Spartanburg Highway, Suite 100
Hendersonville, NC 28792
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