Community Resources for Health & Wellness

Dial 2-1-1 for help finding more community health & human services.

This call is free, confidential, & available in any language. Search online: unitedwaync.org/nc211



ABUSE & SEXUAL ASSAULT

Safelight 828-693-3840 (24/7) 133 5th Ave. W. safelightfamily.org

English/Spanish services for survivors of family violence, sexual assault & child abuse.

ADULTS & CHILDREN WITH SPECIAL NEEDS

Care Coordination for Children 828-694-6088

No cost for children ages 0-5 years with Medicaid or are uninsured & are at risk for health or developmental problems.

Exceptional Children's Services 828-697-4733

Henderson County Public Schools exceptional children's program.

Family Support Network 828-213-9787

Lending library, parent-to-parent support, family groups, individual support navigating services.

Innovative Approaches 828-692-4223 ext. 6540

Services for Children/Youth with Special Health Care Needs

NC Infant-Toddler Program 828-251-6091

852 Merrimon Ave. <u>beearly.nc.gov</u>

Evaluation & services for children, ages 0-3.

PREP Program 828-698-0674 ext. 162

851 Case St. <u>childrenandfamily.org</u>

Screening for children ages 3-5.

St. Gerard House 828-693-4223

620 Oakland St. <u>stgerardhouse.org</u>

Treatment for people of all ages with Autism Spectrum Disorder, learning disabilities, developmental delays, & other behavioral health needs. Support for families.

The Hope Center of Hendersonville 828-692-0905

552 Ridge Rd. <u>thehopecenterofhendersonville.org</u>
Services and advocacy support for adults with intellectual and

developmental disabilities.

Vaya Health 800-849-6127 (24/7)

Connects mental health, substance abuse, developmental disabilities care providers with the community.

Vocational Rehabilitation Office 828-435-7230 578 Upward Rd., Unit 6

Helps people with disabilities achieve their goals for employment and independence.

BEHAVIORAL HEALTH & SUBSTANCE MISUSE

Department of Public Health 828-692-4223

1200 Spartanburg Hwy. <u>hendersoncountync.gov/health</u> Private insurance, Medicaid, sliding fee scale.

Back on Track 828-595-9091

1900 Spartanburg Hwy. <u>backontrackaddictionministries.com</u>

Addiction ministry, advocacy, support, classes

Blue Ridge Health 828-692-4289

Multiple locations brchs.com

Walk-in for crisis counseling, psychiatry, addiction specialists. Private insurance, Medicare, Medicaid, sliding fee scale.

Family Preservation Services 828-692-4289

120 Chadwick Sq. Ct., Suite A <u>fpsnorthcarolina.com</u>

Services for mental health, substance misuse & developmental disabilities.

First Contact 828-435-2180

106 Chadwick Ave. <u>firstcontactwnc.org</u>

Addiction ministry, advocacy, support and classes.

The Free Clinics 828-697-8422

841 Case St. <u>thefreeclinics.org</u>

Adult health care for the uninsured.

BEHAVIORAL HEALTH & SUBSTANCE MISUSE (cont.)

PORT 828-845-0441/828-845-0541

(Post Overdose Response Team)

Peer support, advocacy.

Hope Coalition 828-388-7979

101 S. Grove St. <u>elementsofhope.org</u>

Resource community center, services of support for substance

Love & Respect 828-595-2202

120 Chadwick Square Court, Suite D.

loveandrespectcommunityforrecoveryandwellness.org

Peer support recovery community.

Mobile Crisis Service 888-573-1006 (24/7)

Crisis help for behavioral health. No charge.

Vaya Health 800-849-6127 (24/7)

Connects individuals to behavioral health providers.

BREASTFEEDING SUPPORT

Department of Public Health 828-692-4223

1200 Spartanburg Hwy. <u>hendersoncountync.gov/health</u>

WIC, nutrition services, breastfeeding support.

CHILDREN & TEENS

AdventHealth Pediatrics 828-650-8032

Hospital Dr.Health care. Private insurance, Medicaid, sliding fee scale.

Blue Ridge Health 828-692-4289

Multiple locations <u>brchs.com</u>

Private insurance, Medicaid, Medicare, uninsured, sliding fee scale

Child Care Subsidy Program 828-697-5500

Apply by phone <u>hendersoncountync.gov/dss</u>

Vouchers for child care.

Children & Family Resource Center 828-698-0674

851 Case St. <u>childrenandfamily.org</u>

Parent education, support, childcare resources and youth mental health navigation.

Department of Public Health 828-692-4223

1200 Spartanburg Hwy. <u>hendersoncountync.gov/health</u>

Well child care, immunizations, KidFit, WIC. Private insurance,

Medicaid, sliding fee scale.

Hendersonville Pediatrics, PA 828-693-3296

600 Beverly Hanks Ctr. <u>hendersonvillepediatrics.com</u>

Private insurance, Medicaid.

Only Hope WNC 828-693-5499

416 Allen Rd. onlyhopewnc.org

Services for youth experiencing homelessness.

Smart Start Partnership for Children 828-693-1580

525 N. Justice St. <u>smartstartpfc.org</u>

Programs for children 0-5, free books & child care subsidies.

Teen Wellness Center 828-712-8246

1200 Spartanburg Hwy. <u>hendersoncountync.gov/health</u>

Ages 12-19 years. Birth control, pregnancy tests, prenatal care, HIV

& sexually transmitted infection testing & treatment (confidential); physicals, immunizations (parent's signature required). Private insurance, Medicaid, sliding fee scale.

CRISIS ASSISTANCE

Suicide & Crisis Lifeline

988

Free and confidential emotional support to people in suicidal crisis or emotional distress 24/7.

CRISIS ASSISTANCE (cont.)

Interfaith Assistance Ministry 828-697-7029

310 Freeman St. iam-hc.org

Crisis assistance for food, clothing, heat and other basic needs.

Hendersonville Resuce Mission 828-697-1354 639 Maple St. hendersonvillerescuemission.com

Emergency shelter, meals.

Salvation Army 828-693-4181

239 3rd Ave. E. salvationarmycarolinas.org

Clothing assistance, utilities assistance, insurance co-pays & prescription assistance.

DENTAL HEALTH

ABC Dental Center 828-692-9075

200 Beverly Hanks Ctr., Suite A abcdentalcenter.com

Most insurance plans, Medicaid. Ages 1-18 years.

Blue Ridge Health 828-692-4289

2579 Chimney Rock Rd. brchs.com

Private insurance, Medicaid, Medicare, uninsured, sliding fee scale. Adults & children.

The Free Clinics 828-697-8422

841 Case St. thefreeclinics.org

Low-income, Medicaid, Medicare, uninsured adults. Call for appointment. Extractions only.

EDUCATION

Literacy Connection 828-696-3811

59 E. Clairmont Dr. litcouncil.org

Literacy, senior health literacy, English language, citizenship exam preparation, technology skills, workplace literacy.

Migrant Education Program 828-388-2881

Migrant children ages 3-21. Academic support, family needs. Free & confidential.

EXERCISE & WELLNESS

Parks & Recreation 828-697-4884

708 S. Grove St. hendersoncountync.gov/recreation

Special Olympics Henderson County 828-551-4222

828-697-9622 **YMCA**

810 6th Ave. W. ymcawnc.org

Scholarships available.

FOOD ASSISTANCE

Food EBT Card 828-697-5500

Women, Infants, & Children (WIC) 828-692-4223

1200 Spartanburg Hwy. hendersoncountync.gov/health

Food for low-income people who are pregnant, post-partum, or breastfeeding, infants and children until age 5.

List of food distribution sites and calendar available at hendersoncountync.gov/health

HOSPITAL BILL ASSISTANCE

AdventHealth Hendersonville 800-347-5281

Call after receiving hospital statement. adventhealth.com

UNC Health Pardee 828-698-7306

Financial assistance for hospital bills. pardeehospital.org

HOUSING ASSISTANCE

Hendersonville Housing Authority 828-692-6175 203 N. Justice St. hendersonvilleha.org

Housing Assistance Corporation 828-692-4744 214 N. King St. housing-assistance.com

828-697-1581 **Thrive** 218 West Allen St., Suite B. thrive4health.org

WNC Source – Section 8 Housing 828-693-1711

220 King Creek Blvd. wncsource.org

LATINX

828-290-7134 El Centro

508 N. Grove St.

True Ridge 828-205-1170

204 6th Ave. W. trueridge.org

MEDICAID/HEALTH CHOICE

Department of Social Services 828-697-5500

MEDICAL TRANSPORTATION

Apple Country Transit 828-698-8571

526 7th Ave. E. wncsource.org

Public transit in county & medical service. Give 2-3 weeks notice.

Medicaid Transportation 828-694-6163

For transport to any medical service that Medicaid covers.

MEDICATION ASSISTANCE

Department of Public Health 828-692-4223

hendersoncountync.gov/health 1200 Spartanburg Hwy.

Blue Ridge Health 828-692-4289

Multiple Locations brchs.com

The Free Clinics 828-697-8422 841 Case St. thefreeclinics.org

PRIMARY/GENERAL HEALTH CARE

Department of Public Health 828-692-4223

1200 Spartanburg Hwy. hendersoncountync.gov/health

Private insurance, Medicaid, sliding fee scale.

Blue Ridge Health 828-692-4289

Multiple locations brchs.com

Private insurance, Medicaid, Medicare, uninsured.

828-697-8422 The Free Clinics

841 Case St. thefreeclinics.org

Adult care for the uninsured.

Pardee BlueMD 828-694-8012

Multiple Locations PardeeBlueMD.com

Private Insurance, Medicaid, Medicare, sliding fee scale.

SEXUAL & REPRODUCTIVE HEALTH

Department of Public Health 828-692-4223

1200 Spartanburg Hwy. hendersoncountync.gov/health Family planning, prenatal care, breast & cervical cancer screening.

Private insurance, Medicaid, sliding fee scale.

Blue Ridge Health 828-692-4289

Multiple locations brchs.com

Family planning, prenatal care, child birth education, breast & cervical cancer screening. Private insurance, Medicaid, Medicare, uninsured, sliding fee scale.

Hendersonville OB/GYN Associates 828-687-3800 27 Doctors Dr.

hvilleobgyn.com

Private insurance, Medicaid.

Pardee OB/GYN Associates 828-696-0897

512 6th Ave. W.

OB/GYN care. Private insurance, Medicaid, charity care.

AdventHealth OB/GYN 855-774-5433

100 Hospital Dr.

OB/GYN care, certified nurse midwife. Private insurance, Medicaid, sliding fee scale.

SOCIAL SECURITY/SSI

Social Security Office 800-772-1213

205 S. Grove St. ssa.gov



This resource is provided by the

Department of Public Health 828-692-4223 1200 Spartanburg Highway, Suite 100 Hendersonville, NC 28792

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