



Public Health
Prevent. Promote. Protect.

Henderson County Department of Public Health

Steven E. Smith, MPA, Health Director | Diana Curran, MD, Medical Director

1200 Spartanburg Highway, Suite 100, Hendersonville, NC 28792

Main Phone: (828) 692-4223 | Administration FAX: (828) 697-4709

Clinic FAX: (828) 697-4691 | Communicable Disease FAX: (828) 697-4504

FOR IMMEDIATE RELEASE

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Media Inquiries Please Contact:

Kim Horton 828-694-6064

khorton@hendersoncountync.org

April 2-8 is time to celebrate National Public Health Week

Hendersonville, N.C. (March 29, 2018) —Join the Department of Public Health, April 2-8, in celebrating the role public health serves in making Henderson County healthy during National Public Health Week. Our mission is to promote, protect and advance the health and wellness of our community, and we consider every county citizen a partner in our mission.

The following are practical ways anyone can participate in public health to live longer, healthier lives:

- Make sure pets are up-to-date on their rabies vaccine. Rabies never goes away, so be proactive by protecting pets.
- April is not too early to protect yourself to prevent mosquito bites. Some carry germs that can make people seriously ill. Learn how at hendersoncountync.org/health.
- Get ready for e-WIC when the program transitions from WIC paper vouchers to the E-WIC debit card, scheduled to be launched in May. WIC stands for Women, Infants, and Children, and the program provides food to low-moderate income pregnant, postpartum, and breastfeeding women, and infants and children until the age of five. Call today to see if you qualify: (828) 692-4223, option 5.
- Quit smoking, dipping, chewing, or vaping. Enroll in the free Quit Tobacco series, which starts Tuesday, April 3. Call Beverly Clark at (828) 694-6065 for more information or to register.
- Test your knowledge of public health by taking a short public health quiz at hendersoncountync.org/health.

- Check out the National Public Health Week display at the Henderson County Public Library's main branch during April.
- Ask Health Department staff what they do to improve public health every day. Look for staff wearing red "This is Public Health" buttons.
- Notice the use of "This is Public Health" stickers as a reminder about how public health is everywhere and prevention is key.

For more information about department services, visit hendersoncountync.org/health or call (828) 692-4223.

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