

WINGATE UNIVERSITY

HENDERSONVILLE
HEALTH SCIENCES CENTER

11/19/2018

Henderson County Board of Commissioners
100 N. King St
Hendersonville, NC 28792

RE: Greenway Master Plan

Dear Board of Commissioners:

Wingate University Hendersonville Health Sciences Center develops well-educated, ethical, productive, and critically thinking healthcare practitioners. The faculty strive to provide for our students, excellence in teaching, clinical practice, and research, as well as to instill upon them a sense of service to their communities. It is within that spirit, that our students understand the importance of healthcare engagement with the citizens of the community.

As healthcare providers and educators, it is our responsibility to promote health and wellness in students, patients, and communities. We support recommendations for overall cardiovascular health established by the American Heart Association that states people should participate in at least 30 minutes of moderate-intensity aerobic activity 5 days per week, or at least 25 minutes of vigorous aerobic activity 3 days per week; or a combination of the two. Through the construction of 70 miles of interconnected greenways, as proposed in the Henderson County Greenway Master Plan, more residents would be able to meet these recommendations by partaking in activities such as walking, running, and biking. The result of this increased activity would not only improve their personal health, but also the overall health of our community. In addition, such an extensive greenway system would be a selling point to potential students of our programs, thereby resulting in economic growth to the region.

Therefore, as a member of this wonderful community, the Wingate University Hendersonville Health Sciences Center fully supports the Henderson County Greenway Master Plan.

Sincerely,

A handwritten signature in black ink, appearing to read 'KAWARGO', with a large, stylized flourish at the end.

Kurt A. Wargo, PharmD, FCCP, BCPS
Associate Professor and Regional Dean
Wingate University Hendersonville Health Sciences Center