

**REQUEST FOR BOARD ACTION**

**HENDERSON COUNTY  
BOARD OF COMMISSIONERS**

**MEETING DATE:** November 15, 2023  
**SUBJECT:** Vaya Health Update  
**PRESENTER:** Angie Garner, Vaya Health  
**ATTACHMENTS:** Yes  
1. PowerPoint

**SUMMARY OF REQUEST:**

Angie Garner, Community Relations Regional Director with Vaya Health, will provide the Board with an update on Vaya and NC DHHS.

**BOARD ACTION REQUESTED:**

No Board Action requested, this item is for information only.

**Suggested Motion(s):**

*No motion suggested.*




**Henderson  
County Board of  
Commissioners**

Angie Garner  
Community Relations Regional Director  
November 15, 2023

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### **Our Mission: Who We Are**

- Vaya Health manages publicly-funded mental health, substance use disorder, intellectual/developmental disability, and traumatic brain injury services.
- Our goal is to successfully evolve in the health care system by embracing innovation, adapting to a changing environment and maximizing resources for the long-term benefit of the people and communities we serve.



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## Who We Are Today

- Vaya is a local political subdivision of the state of North Carolina and a Local Management Entity/Managed Care Organization (LME/MCO) governed by Chapter 122C of the North Carolina General Statutes
- NCGS § 122C-115.4(a): “Local management entities are responsible for the management and oversight of the public system of mental health, developmental disabilities, and substance abuse services at the community level. An LME shall plan, develop, implement, and monitor services within a specified geographic area to ensure expected outcomes for consumers within available resources.”
- Vaya is also a Medicaid Prepaid Inpatient Health Plan (PIHP) as set forth in 42 CFR Part 438, the federal Medicaid Managed Care rules, and currently operates the 1915(b)/(c) combined Medicaid waiver in Vaya’s 31-county region.

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## What We Are Becoming

- In December 2022, Vaya launched Tailored Care Management (TCM) integrated care that addresses the whole person: physical health, behavioral health, I/DD, TBI, pharmacy, long-term services and supports (LTSS) and unmet health-related resource needs.
- Starting no later than July 2024, Vaya will become a Prepaid Health Plan (PHP) responsible for managing a Behavioral Health I/DD Tailored Plan, an integrated health plan designed for individuals with significant behavioral health and I/DD needs
- As a Tailored Plan, Vaya will also serve other special populations, including Innovations and Traumatic Brain Injury (TBI) waiver enrollees, and waitlist members, and be responsible for managing the state’s non-Medicaid behavioral health, I/DD, and TBI services for uninsured and underinsured North Carolinians.

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## NCDHHS UPDATE

- 2023-2025 General Assembly Budget directed NCDHHS to reduce LME/MCOs to no more than 5 and no fewer than 4. Currently there are 6 LME/MCOs.
- Secretary Kody Kinsley directed the dissolution of Sandhills LME/MCO with Rockingham County being assigned to Vaya Health. Partners and Alliance will each be assigned a County.
- Secretary Kinsley assigned remaining Counties to Eastpointe and directed a consolidation of Eastpointe with Trillium LME/MCO.
- As the Secretary provides more information, Vaya Health will update partners on timing of this process.

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## NCDHHS UPDATE

- Consolidated Innovations Waiver waitlist dashboard released – based on county of residence not eligibility
  - <https://medicaid.ncdhhs.gov/reports/dashboards/innovations-waitlist-dashboard>
- Medicaid Expansion meetings have started- “Go Live” on December 1, 2023
- Medicaid Expansion Toolkit: [North Carolina Expands Medicaid | NC Medicaid \(ncdhhs.gov\)](#)
- **191 Anticipated Tailored Plan enrolled members from Henderson**
- The Healthy Opportunities “Go Live” is February 1, 2023
- Tailored Plan “Go Live” no later than July 1, 2024

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## I/DD & TBI Budget Provisions

Provision	FY24	FY25
350 new Innovations slots	\$29.33M	\$29.33M
Innovations Direct Support Professional Wage increases	\$176M	\$176M
Competitive Integrated Employment	\$5M	\$5M
Personal Care Service (PCS) Rate Increases	\$176M	\$176M
Authority to expand TBI waiver statewide		

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## Behavioral Health Budget Provisions

Provision	FY24	FY25
Crisis System (mobile & respite)	\$30M	\$50M
Crisis Stabilization (short-term shelter)	~\$3M	~\$7M
Non-Law Enforcement Transportation Pilot Program	\$10M	\$10M
BH SCAN	\$10M	\$10M
Justice-Involved Programs (re-entry, diversion, and capacity restoration)	\$29M	\$70M
Behavioral Health Workforce Training	~\$8M	\$10M
NC Psychiatry Access Line (NC PAL)	~\$4M	~\$4M
Behavioral Health Rate Increases	\$165M	\$220M
State Facility Workforce Investment	\$20M	\$20M
Electronic Health Records for State Facilities		\$25M
Child Welfare and Family Well-Being	\$20M	\$60M

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# Benchmarks Pathways to Permanency Updates

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## Pathways to Permanency

Foster Care (therapeutic and family) recruitment campaign

**Theme:** Adventure Awaits

“ The only thing the kids should have to worry about is what color popsicle they are going to get ”

*Adventure Awaits*  
Become a Foster Parent Today

“ It has changed my mindset and my outlook in life ”

*Adventure Awaits*  
Become a Foster Parent Today

“ Es muy gratificante It is very rewarding ”

*La Aventura Espera*  
Adventure Awaits  
Conviértete en padre de crianza hoy  
Become a Foster Parent Today

“ When the phone rings, that's when the adventure begins ”

*Adventure Awaits*  
Become a Foster Parent Today

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# Pathways to Permanency Training Series

	DSS	Vaya	Foster Parents	BH Providers (Non TFC)	Child Placing Agency (CPA)	Months	Learning Lab (Y/N)	Department to House	Dissemination Plan
Child Treatment Continuum	X			X	X	2022-ongoing		Provider Network	Ongoing: Include as an option on the P2P resource page
Child Welfare 101		X	X	X	X	September 2023	Y	System of Care	Initial: Offered virtually 2x per year in each of the 4 Vaya regions. Ongoing: Recording available on website.
Health Plan 101	X		X	X	X	October 2023	Y	Community Relations	Initial: Offered virtually once per year in each of the 4 Vaya regions. Ongoing: Recording available on Vaya's website.
Behavioral Expectations	X	X	X-w/abridged notes	X	X	January 2024	N	Provider Network	Initial: Offered virtually in each of the 4 Vaya regions. Ongoing: Offered quarterly in each region.
Prudent Parenting	X	X		X	X	February 2024	N	Provider Network	Initial: Offered virtually in each of the 4 Vaya regions. Ongoing: Offered 2x a year in each region.
Foster Parent Bill of Rights		X		X	X	August 2023	Y	Provider Network to manage and send reminders etc.	Initial: Two live virtual training sessions. Ongoing: Recording available on Vaya's website. Annual reminder of recording.
Train DSS on the CCA Pathway and Protocol	X	X		YV		August-January		Care Management	Initial: Each DSS will receive this training individually during their counties specified rollout month. Ongoing: County specific by Care management.
TTLG (Treat Them Like Gold) Licensing Staff	X				X	March-June	TBD	N/A	Initial: Virtual one-time learning collaborative. Ongoing: none
TTLG All Staff	X				X	August 2023	Y	Provider Network to manage and send reminders etc.	Initial: Offered virtually three times. Ongoing: Recording available on website. Annual reminder of recording.
Roles & Responsibilities of Securing Placements	X	X		X	X	September 2023	Y	Care Management	Initial: Offered virtually or face-to-face for each of the 14 DSS regions. Ongoing: Recording available on Vaya's website. Annual reminder of recording, FAQ, & reference guide.
FosteringNC Developmental Trauma Training Guide			X			November 2023	Y	Provider Network to manage and send reminders etc.	Initial: Email release Ongoing: Training guide available on P2P resource page. Annual reminder of training resource via email and DSS Quarterly meetings.

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## CCAs for Youth in Foster Care

Did you know that a staggering 90% of children in foster care have experienced trauma? We believe it's time to revolutionize the way we approach the mental health needs of these vulnerable children.

**Vaya Health's trauma-informed Comprehensive Clinical Assessment (CCA) is designed specifically for youth in foster care by adopting a holistic approach that considers overall well-being within the context of home, family, school, work, and community.**

Partnering with Youth Villages and leveraging our strong collaboration with each DSS within the Vaya Health catchment, we're ensuring that youth in foster care receive timely access to the vital assessments they need.

### Why It Matters

- +
Community-based services mean kids stay locally
- +
Fewer moves is better for kids and reduces workload for staff

**Trauma-Informed**  
*Identifying the underlying causes of behaviors means that children get the right treatment at the right time*

**Pro-Active**  
*Early treatment ensures linkage to local community resources*

**Connected**  
*A great assessment isn't enough; youth are connected to treatment after the assessment*

What happens next...  
Protocol & Child Welfare Training for Vaya, DSS staff, & clinicians

Phased Roll-out: Region 1 in October, Region 2 in January, Region 3 & Region 4 in February

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