REQUEST FOR BOARD ACTION

HENDERSON COUNTY BOARD OF COMMISSIONERS

MEETING DATE:

January 19, 2005

SUBJECT:

Update Concerning Regional Mental Health Activities/ Reform

ATTACHMENTS:

Yes

SUMMARY OF REQUEST:

Mr. Larry Thompson, CEO of Western Highlands Network, will present the Board with updates concerning regional mental health activities and the State-mandated reform of the mental health system. Mr. Thompson has been asked to provide an update on recent developments relating to crisis stabilization in our region and will also be prepared to answer any specific questions that the Board may wish to ask.

COUNTY MANAGER'S RECOMMENDATION/ACTION REQUIRED:

No action required.



MEMORANDUM

TO:

Henderson County Board of Commissioners

FROM:

Larry Thompson, CEO

Western Highlands Area Authority

DATE:

January 11, 2005

SUBJECT:

Status Report, Crisis Center Feasibility Study

The purpose of this communication is to present the current status of the Crisis Center Feasibility Study. Western Highlands is currently exploring the feasibility of developing a 16-bed crisis inpatient unit for adults to be located at 277 Biltmore Avenue, Asheville. This 16-bed inpatient unit would be one element of a Crisis Center which would also include a crisis stabilization unit for adults with 23-hour assessment capability. Adjacent would be the Neil Dobbins Center, an eleven bed medical, non-hospital detoxification center.

This center is being proposed to respond to the need for crisis inpatient beds as a result of the shortage of existing psychiatric inpatient beds in the eight county region served by Western Highlands and the pending downsizing of Broughton Hospital during the next three to five years. This shortage of beds is aggravated by the inadequacy of reimbursement rates for psychiatric inpatient care in the current State Medicaid Plan.

During FY 2004, there were a total of 1,190 admissions to Broughton Hospital from the eight county area. 143 or 12 percent of the admissions originated from Henderson County. Bed reduction allocations have been adopted by the Division of MH-DD-SAS. Acute bed allocations for the eight county area are expected to decline to levels 52% of current bed use by FY 2007. There is a \$500 daily penalty/bed day for exceeding the acute bed allocation levels.

The 16-bed unit would need to be augmented by use of beds in local psychiatric inpatient units throughout the eight county area. Once the psychiatric inpatient reimbursement rate is increased by the Division of Medical Assistance, negotiations can begin with the local hospitals.

Another current problem in the region is the extended time involved in admissions to Broughton Hospital. Current policy requires that three alternative inpatient units rejected an individual before admission to Broughton will be approved. This practice usually results in a 3-6 hour wait before law enforcement officers can transport a committed individual to Broughton Hospital.

Key steps in the feasibility study are the following: (a) agreement by the Buncombe County Building Inspection Department as to steps necessary for renovation of the existing facilities at 277 Biltmore to meet the State Building Code; agreement by the North Carolina DFS Construction Office as to compliance of the facility plan to State licensing regulations; and approval by the Atlanta Regional Office, DHHS, as to compliance of the proposal with Medicaid regulations.

Target date for completion of these steps is February 28, 2005.

Western Highlands Board of Directors and the eight County Boards of County Commissioners will be kept informed of the progress of the feasibility study.

" ME AV. VV 1444

Western Strategic Planning Advisory Council Prioritizing Needs for Planning Revised September 2004

Funding availability is an overarching and vital concern in meeting these priorities. Attention must be paid to prioritizing funding available for these services.

General issues across all disabilities- prioritized:

- (1) Assure adequate availability of psychiatric services (include physician extenders)
 - · support/encourage integration of MH services into primary care setting
 - increase number of psychiatrists who are willing to accept Medicaid and State fees
 - increase number of clinicians able to accept "difficult" cases/ such as those with co-occurring disorders
- (2) Assure crisis stabilization continuum of services
 - mobile crisis services
 - 23 hour stabilization
 - · short term inpatient unit
- (3) Emphasize community-based services wherever possible

(to include improved access to services for non-English speaking consumers)

- (4) Facilitate access to services by reducing transportation barriers
- (5) Facilitate access to safe and affordable housing
- (6) Provide education of consumers, caregivers and community stakeholders-
 - · regarding service availability, consumer eligibility, and procedural safeguards
 - · focus on local anti-stigma campaigns
- (7) Assure qualified, trained professionals are available in each county to serve across all disability groups
- (8) Advocate for services and supports for non-target populations

Disability-specific needs: (listed in alphabetical order, not priority order)

Adult MI

Develop and implement crisis stabilization continuum of services

Attend to need for respite services for adults

Address array of gero-psych needs both within the community as well as facilities

Include provision of adult day services

Assure appropriate services are available to veterans

Advocate for expansion of services for homeless population

Child MI

Develop and implement crisis stabilization continuum of services

Attend to need for respite services for children

Continue to prioritize school-based services

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Attend to need for respite services for consumers with developmental disabilities

Continue to provide case management for consumers with developmental disabilities

Continue to provide CAP and ADVP services to meet the needs of the communities served by the LME Continue assistance with daily living

SA

Assure adequate capacity of continuum of substance abuse services provided within the LME catchment area. Work toward local access to outpatient services

Assure providers are trained in best practices for those with co-occurring disorders

Assure adequate services for veterans

Advocate for services for individuals with chronic ASA not currently within the target populations, especially those who are homeless

Henderson

Western Highlands Network Providers with Service Locations in Henderson County Fiscal Year 2004 Contracts & Memoranda of Agreement Updated 7/30/04

Adult Mental Health: 6 Providers with Contracts on File

- 1. ACT Medical Group (Psychiatry & Psychology in Nursing Facilities)
- 2. Appalachian Counseling (Outpatient Therapy, Psychiatry)
- 3. Jamison, Janet, LCSW (Outpatient Therapy)
- Mental Health Association of NC (Apartments)
- 5. Mountain Laurel Community Services (Outpatient, Psychiatry, Case Management, Psychosocial Rehabilitation, Emergency)
- Psychological Perspectives (Outpatient Therapy)

Child Mental Health: 20 Providers with Contracts &/or MOA's on File

Providers with Contracts on File: (18)

- 1. Appalachian Counseling (Outpatient Therapy, Psychiatry)
- Barthel, Carol, LCSW (Directly Enrolled with DMA MOA Child Outpatient)
- Bethany Christian Services (Respite) 3.
- CNC/Access (CBS)
- CRE Care Management (CBS) 5.
- Easter Seals/UCP (CBS)
- Eliada Homes (Home-Based Professional CBS)
- 8. Families First of North Carolina (CBS, respite)
- Families Together (Respite, Home-Based Professional CBS)
- 10. Jamison, Janet, LCSW (Outputient Therapy)
- 11. Levine, Valerie, Ph.D. (Directly Enrolled with DMA MOA Child Outpatient)
- 12. Lutheran Family Services (Residential Treatment Levels 2 & 3)
- 13. Mentor (CBS, Respite)
- 14. Mountain Laurel Community Services (Outpatient, Psychiatry, Case Management, Family Preservation. Early Intervention, Emergency)
- Omni-Visions (Therapeutic Foster Care, Respite, CBS)
- Pivot Training and Treatment Academy (CBS)
- 17. Psychological Perspectives (Outpatient Therapy, Guardianship)
- 18. SCW Residential Care, Inc. (CBS)
- 19. Turning Point (CBS)
- 20. Universal Mental Health (CBS)

Developmental Disabilities: 23 Providers with Contracts &/or MOA's on File

- 1. Advantage Home and Community Care (CAP, CBS)
- 2. Arc of North Carolina (CAP, CAP Case Management, CBS, Guardianship, Respite)
- Arc Life Guardianship
- 4. Autism Society (CBS, CAP)
- 5. Blue Magnolia, LLC (CAP)
- Carolina Habilitation/Maxim (CBS, Respite, CAP)
- 7. CNC/Access (CBS, Respite, CAP, Alternative Family Living)
- 8. Community Alternatives of North Carolina (Supervised Living, CBS, CAP)
- 9. Community Living Concepts (Supervised Living, CBS, CAP)
- 10. Davidson Homes (AFL, Supervised Living, Respite, CBS, CAP)
- 11. Easter Seals/UCP (DDA Group Home, CBS, Respite, CAP)
- 12. Families First of North Carolina (CBS, Respite, CAP)
- 13. Halcyon (Supervised Living, CBS, CAP)
- 14. Helping Hand Developmental Center (Developmental Day)

Henderson

15. Life Span (Supervised Living, respite, CBS, CAP)

16. Mountain Laurel Community Services (ICF-MR, DDA Group Home, Day Program)

17. Omni-Visions (CBS, CAP)

18. Pardee Pavillion (Adult Day Activity)

19. Pioneers in Special Needs

20. Psychological Perspectives (Outpatient, Guardianship)

21. SSEACO (ADVP, CBS, CAP)

- 22. Storybook Farm (CBS, CAP)
- 23. Turning Point (CBS, Respite, CAP)

Substance Abuse: 5 Providers with Contracts on File

- 1. Appalachian Counseling (Assessment, Outpatient Treatment)
- 2. Crossroads/Phoenix (Assessment, Outpatient Treatment)
- 3. Horizon Recovery (Assessment, Treatment, Spanish speaking)
- 4. Mountain Laurel Community Services (Assessment, Outpatient Therapy, Emergency)
- 5. Partnership for a Drug Free North Carolina (Perinatal Health Partners, TASC)

Unduplicated Total: 41 Active Providers with Contracts &/or Memoranda of Agreement on File

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Western Highlands Network Active Providers* FY 2004

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02 - Henderson	2,451,741	14%	1,593,911	17%	4.045,652	15%
03 - Madison	928,328	2%	221,123	2%	1.149.451	4%
04 - Mitchell	651,466	4%	268,253	3%	919,719	3%
05 - Polk	620,844	4%	161,536	2%	782.381	3%
06 - Rutherford	2,740,966	16%	1,279,473	14%	4.020,439	15%
07 - Transylvania	744,199	4%	548,201	%9	1 292 399	%5
08-Yancey	1,020,654	%9	168,495	2%	1.189.149	4%
09 - Other Counties	429,254	2%	87,884	1%	517,138	2%
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Child Development Disbubilities	- C-	Child Mental Health	6 107 610			l							419,111,2
Child Developmental Disbiblities 378,670 63,882 87,706 41,270 38,194 107,534 67,837 81,787 5.00		CHIPA INCHES INCHES	2,367,012										11 120 140
Child Subtance Abuse	S-CDD	Child Developmental Disphilities	378 670									-	11,137,143
LME LME 12797.702 4,004.552 1,140.451 019.719 38.23 8.881 2.55.981 2	4004	3:10		1		1							866,879
101 101 12797702 4.045.552 1.149.451 019.719 282.781 1.00.440 1.00	0.030	Calula Substance Agust	116,359										200 071
[255987] 12797.702 4.045.552 1.149.451 019.719 789.781 4.170.470 1.202.206	7-1 ME	1 MGE											160,092
4.045.552 1.149.451 019.719 728.7281 1.000.420 1.149.451	Count Tatel	22.4										268.	
	CHAM LOIS		12,797,702	•				_					1

Western Highlands - 01/07/2005

Sum of Applamnt		PyentWonth											
County	Droccoun	TACHER CONTROL	and the										
Od - Dincombo	dipological dipolo	Jan 2004	Feb 2004	Mar 2004	Apr 2004	May 2004	Jun 2004	Jul 2004	Aug 2004	Sep 2004	Oct 2004	Now 2004 /	Now 2004 Grand Total
aniionina .	H		828	1,448	1,655	8,896	73,029	70,373	80.101	85 690	87 957	EA BAZ	764 620
	Case Mgmt	4,725	4,973	24,758	22,140	44,370	186.445	199.487	302 200	187 962	20E 224	20000	20,904
	CBS-Croup	3,004	1,693	1,819	1.604	487	506	60	577	200	403,631	81,025	1,217,567
	Day Services	3,389	2.529	4.636	7 615	AS ZAA	27.00	62 700	400 00	786	7101	415	17,601
	Group/Family	1.087	1.590	3 140	15.046	2002	200,00	770'00	00,425	60,225	72,918	44,168	453,848
322	Opiod	000	2 350	00000	2000	0,000	50,073	176 17	24,556	21,055	26,523	17,354	167,618
	Other	272	273	2,003	1.14/	12,855	25,291	20,5121	10,812	19,745	22,141	21,892	140,790
	Outpations	200 000	3/6	ecc		11,244	10,147	16,277	11,875	11,264	10,270	8.656	81 037
	Outparient	10,591	1,101	28,012	89,200	76,851	146,726	121.095	147.768	162 R96	183 802	440 242	4 00A ZEE
	Psychosocial	928	1,386	2,170	1,611,	1.582	37.444	32 547	38 OE1	24 202	200,00	20,000	1,004,33
	Residential	4,392	8,906	17.586	21.093	573 OAR	648 609	A90 P4A	627 650	200,000	20,025	32,313	216,168
	Respite			-	200	27 720	27.000	1000	900'/00	490,923	208,972	456,080:	3,759,078
	Supp Employ					20,730	070'/7	44,198	42,855	52,546	49,542	16,884	271,047
	Travel					10,004	890'/	18,625	16,101	15,774	16,776	12,539	115,387
	CRC-Drofoccional	2000	24. 200	-		16,849	14,553			-			31,403
	Derconsi Assistance	0,02	006,11	25,764	40,768	118,298	216,048	184,159	137,335	121,420	129,439	51.482	1 042 084
	reisoliai Assistante					7,480	8,598	16,212	12,952	12.836	13.046	8 322	70 446
	רפאברו	301	83:		807	1,883	1,324					1	2000
	Corraraproressional	22,621	22,642	40,065	51,022	438,965	557,545	410.988	529 748	500 034	525 749	205 500	200000
	Room & Board			-		48.790	38 407	43.265	TR USB	20,00	_	202,302	3,404,926
M - Buncombe Total	23	60,147	65,761	147.845	254.842	1 474 220	2115 816	4 752 802	4 623 362	39,021	- 1	18,302	77,857
02 - Henderson	ACTT	-				3 310	13,032	42 207	1,534,203	1,010,000	1,934,142	1,239,968	12,797,702
	Case Mgmt	1.980	3.713	2629	S KOX	47 400	2007 55	19,64	170'6	8,279	4,864	828	53,082
	CBS-Group				2		000411	90///0	25,007	69,544	55,653	56,400	488,382
	Day Services		-	711	4 220	22 22	000	0.00	2	118	75		269
	Group/Family	764	1 869	2074	2 464	33,233	8/6/84	34,014	57,843	39,832	50,230	33,405	275,081
	Other	5	30	020	2,104	8,203	14,126	10,692	12,802	8,215	5,701	1,073	70,582
	Outpatient	10.464	44 606	96 530	750	2,783	4,204	2,537	1,122	1,380	1,365	723	15,149
	Developedal	2000	000	00,000	B79'/	02,500	86,810	74,215	84,446	78,266	59,946	45,021	550.968
	Residential	2 270	0,000	2,209	3,670	7,402	11,443	3,210	17,066	5,520	5,394	5,937	73.749
	Recorte	0/0/0	3,200	11,2/0	19,155	159,112	105,760	126,891	112,697	107,210	120,138	33.872	782 748
.,	Travel		1	-		15,077	15,102	22,958	14,496	17,364	16,166	10,758	111.921
	CRS. Brofectional	7 007	1000	0 10 10 10 10 10 10 10 10 10 10 10 10 10		8,178	7,840						16.018
	Derconsi Arritana	1,00,1	5,115	6/9/9	20,077	95,355	120,140	113,284	72,917	43,225	23,056	966.9	514 65
	CRO.EC.		000			22,971	22,539	15,374	14,896	12,327	11,065		99 173
	CRS.Daraprofessional	7 000	2200	1,448	3,248	2,690	1,738						10.117
	Room & Roard	660,5	11,214	10,294	10,17	91,017	114,210	111,358	149,136	138,800	152,065	64.006	862 925
02 - Hendercon Total	Cal a Dogo	070 04	000			19,496	17,622	23,765	18,996	17,887	13.647	9.424	420 RZE
03 - Madison Iv	A CALL	0,40	45,460	60,912	91,590	562,389	656,643	619,254	641,613	547,968	519,365	268 442	A DAS RE
	Coco Mant	107	-			-	19,240	20,698	20,077	20,698	20,698	3 726	105 3/2
	THIS WISH	155	238	1,530	1,350	4,629	15,247	24,473	25,266	20.303	18 445	8 135	140 051
- 1-	dipologo	338	122	105		1,664	1,664	131	945	895	1 276	2000	1000
-1,	Day services	1,820			3,682	14,497	6.168	12.698	11 753	4 877	2007	AOOR	20,00
-1,	croup/ramily	225		611	2,410	324	1.124	1910	1 855	1 740	2000	2,000	02,284
- 14	orner				279	1,920	1.876	1.812	2 139	1 760	200,0	617'5	15,456
∠1 '	Outbatient	4,069	3,037	6,331	7,637	5,166	14.662	9.821	12 603	14 782	0,720	0000	20,508
-15	Psychosocial								262	100	2,730	6,929	708'LG
I S	Kesidential	3,491			4,145	34,624	38,904	23.725	21.576	24 244	28 750	45 445	797
- 19	Kespire					940	1,757	214	714	000	50,133	13,113	189,550
-1	SUDD ETIDION				L		-						

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County Grand Totals

Sum of Appl Amnt									\prod
County	Total	CountOfClients	% of Total	IPRS	Medicaid				
01 - Buncombe	12,797,702		43%	2220	2403				
02 - Henderson	4,045,652	1707							
03 - Madison	1,149,451								
04 - Mitchell	919,719								
05 - Polk	782,381								
06 - Rutherford	4,020,439		18%		1180				
07 - Transylvania	1,292,399								
08 - Yancey	1,189,149	422	4%	233					-
09 - Other Countles	517,138						1	.	
Grand Total	26,714,030			1	1	Other Counties		IPRS Medicaid	pie
		1070		2,100		AVERY	-	0	-
		2,001				BURKE	4	2	4
						CAMDEN	-	0	-
						CATAW BA	3	200	-
o offert men he as						CHEROKEE	-	-	- 6
lioner home	if the client that be counted in more than one county,	n one county,				CHOWAN	-		-
TICHES HOUSE COUR	in the crieffe s nome county changed during the year	the year.				CLAY	-	> -	10
						CLEVELAND	13		2
	-					DARE	-	-	-
						FORSYTH	-	. 0	1-
						GASTON	3	2	
						HAYWOOD	8	4	19
						HERTFORD	2	0	0
						JACKSON	-	-	10
						JOHNSTON	4	3	7
						LINCOLN	-	0	1
					,	MACON	-	0	-
						MCDOWELL	7	2	1
						MECKLENBURG	7	9	149
						OUT-OF-STATE	3	2	100
						RANDOLPH	1	-	1
						SWAIN	-	0	T
						Totals	99	33	100